

Parenting Magazine Poll-The Lies Moms Tell

1. More than 1,800 moms 'fessed up about their fibs

Ever told little white lies (or bigger gray ones) to your kids? You're not alone! Here's what moms who took our poll said:

When you lie to your friends, it's usually about ...

Your husband: **36%**

Their husbands: **18%**

Their kids: **33%**

Your kids: **14%**

You're no fool: 89% of you say you know your friends lie to you (though only **72%** of you admit lying to them!).

As far as fibbing to your kids, 11% of you insist you never fudge the truth (but should we believe you?).

As for those of you who *do* lie:

53% say it's a necessary evil.

31% say you feel guilty.

16% say it's no big deal.

The two biggest reasons for lying to your kids:

- The truth would just upset them.
- They wouldn't understand anyway!

Keeping it real (or not) with your husband ...

Of the **87%** of you who tell little white lies to your husbands, **45%** say it's most often about money (with sex coming in a close second).

But who's the one person whose little lies bother you most? Your husband, say **55%** of you. Naturally!

When it comes to your parents ...

77% of you say that half of the time you lie it's about how busy you are (sure, *Oprah* counts as an appointment!).

Busted!

Only **13%** of you got away with your last lie. Half of you have been found out by your kids -- but, it seems, they're the one topic you're least likely to fib about, whether you're talking to your husband, your parents, or your friends.

The lies you don't mind being told:

36% "Your house looks great!"

31% "You look great!"

19% "Your kids are great!"

14% "Your husband's great!"

The truth behind it all ...

82% of you admit that you usually lie to make someone else feel better. The other **18%** of you, however, do it to make yourselves feel better. (Well, at least you were honest!)