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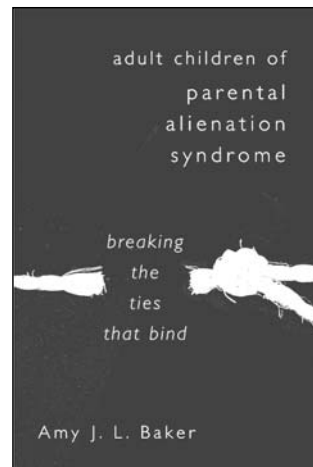
Adult Children of Parental Alienation Syndrome **Breaking the Ties that Bind**

AMY J. L. BAKER

"[A] core text in the clinical and academic fields on parental alienation syndrome (PAS). . . [Baker] has put PAS on the map as a significant form of emotional abuse afflicting adults long after they leave their childhood years behind. This is a book worth reading, assigning to students, and keeping as a reference." —**S. Richard Sauber, Ph.D.**, coauthor of *International Handbook of Parental Alienation Syndrome*; editor, *American Journal of Family Therapy*

"This book provides a unique perspective—that of people who experienced firsthand what it was like to be turned by one parent against the other when they were children. . . Their graphic accounts give insight into just how powerful the alienating parent was, and show us the long and painful process by which these adult children came to realize how their feelings about the target parent had been manipulated." —**Deirdre C. Rand, Ph.D.**, author of key articles in the field, including "The Spectrum of Parental Alienation Syndrome" and "Factors Affecting Reconciliation Between the Child and Target Parent" (published in *The International Handbook of Parental Alienation Syndrome*)

Parental alienation syndrome (PAS) occurs when one parent, often in response to divorce or separation, successfully manipulates a child to turn against the other parent. In its most extreme form, children report that they despise or are frightened of the targeted parent, and refuse to have any relationship with him or her. Researchers are just beginning to study the ramifications of PAS on the child victims. In this groundbreaking book, Baker describes the long-term impact of PAS, which may include depression, divorce, substance abuse, trust issues, and alienation from a victim's own children well into adulthood. Based on a series of confidential research interviews with individuals who believe that they were child victims of PAS, the book provides an adult's perspective and voice to the experience of being manipulated as a child by one parent to turn against the other. Explaining the process and the meaning of the alienation for them, the interview subjects take the reader inside the world of PAS and demonstrate its life-long impact.



Amy J. L. Baker has a Ph.D. in developmental psychology from Teachers College, Columbia University. She has over 15 years experience conducting research in parent-child relationships and children's well-being. She is the author of one book and over 45 peer-review publications.

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